



**PROGRAM**

**Thursday, October 12, 2023**

**Best Practice Didactics**

**SESSION I: Coronary Artery Disease and Heart Failure: Care Across the Continuum**

*Moderators Seamus Whelton, MD, MPH, Armin Zadeh, MD, PhD, MPH, and Nisha Gilotra, MD*

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|-------|---|-------|--|
| 8:00  | - | 9:40  | <b><u>Coronary Artery Disease</u></b><br><i>Moderators Seamus Whelton, MD, MPH and Armin Zadeh, MD, PhD, MPH</i>   |
| 8:00  | - | 8:30  | <b>Cardiology Keynote: Implementation of High Value Care in Practice: Challenges and Future Directions</b><br><i>William Weintraub, MD, MedStar Health</i>                                     |
| 8:30  | - | 8:50  | <b>Optimizing Our Approach to CVD Risk Assessment in the Asymptomatic Patient; Through a Cost-Conscious Lens</b><br><i>Jaideep Patel, MD, Johns Hopkins</i>                                    |
| 8:50  | - | 9:10  | <b>Evaluation of Stable Chest Pain: What Test(s) to Order and Not Order</b><br><i>Andrew Choi, MD, George Washington University</i>  |
| 9:10  | - | 9:30  | <b>Cost-Effective Management of Patients with CAD</b><br><i>Armin Zadeh, MD, PhD, MPH, Johns Hopkins</i>   |
| 9:30  | - | 9:40  | Q&A Session  |
| 9:50  | - | 11:00 | <b><u>Heart Failure</u></b><br><i>Moderator Nisha Gilotra, MD</i>  |
| 9:50  | - | 10:10 | <b>The Impact of Heart Failure on the Health System: Patients, Providers, Payors</b><br><i>Nisha Gilotra, MD, Johns Hopkins</i>  |
| 10:10 | - | 10:30 | <b>HF Guideline Directed Medical Therapy: The Evidence and Addressing Implementation Barriers</b><br><i>Mitch Psootka, MD, PhD, Inova Medical</i>  |
| 10:30 | - | 10:50 | <b>Multidisciplinary Team Approach: Role of Nursing and Pharmacy in HF Disease Management</b><br><i>Sarah Riley, CRNP, MSN, Johns Hopkins, and Jessica Chasler, PharmD, MPH, Johns Hopkins</i> |
| 10:50 | - | 11:00 | Q&A Session  |
| 11:20 | - | 12:00 | <b><u>Rapid Review Sessions</u></b><br><i>Moderator Nisha Gilotra, MD and Dan Fericola, MD</i>   |
| 11:20 | - | 11:30 | <b>Cardiac Rehabilitation Utilization and Outcomes in CAD and HF</b><br><i>Lena Mathews, MD, MHS, Johns Hopkins</i>  |

- 11:30 - 11:40 **Echocardiogram: Appropriate Use in CAD and HF**  
*Allison Hays, MD, Johns Hopkins*
- 11:40 - 11:50 **Providing High Value Care for CAD and HF in the Community Practice Setting**  
*Daniel Fericola, MD, Johns Hopkins*
- 11:50 - 12:00 **Holding Ourselves Accountable: Quality Initiatives in CAD and HF**  
*Thomas Metkus, MD, Johns Hopkins*
- 12:00 - 1:00 Lunch

**SESSION II: Musculoskeletal Disorders: Mitigating the Burden**

*Moderator Matthew Best, MD*

- 8:00 - 8:15 **Musculoskeletal Pain: Introduction to Value Based MSK Evidence-based Care in Agile MD**  
*Lee Riley, MD, Johns Hopkins*
- 8:15 - 9:45 **High Value Diagnosis and Management: Who to Image and When to Intervene**
- 8:15 - 8:30 **Neck Pain/Back Pain**  
*Amit Jain, MD, MBA, Johns Hopkins*
- 8:30 - 8:45 **Shoulder Pain**  
*Sarah Nelson, MD, MPH, Johns Hopkins*
- 8:45 - 9:00 **High Value Care in the Young Athlete**  
*Alexis Coslick, DO, MS, Johns Hopkins*
- 9:00 - 9:15 **Foot and Ankle Pain**  
*John Thompson, MD, Johns Hopkins*
- 9:15 - 9:30 **Hip/Knee Pain**  
*Vishal Hegde, MD, Johns Hopkins*
- 9:30 - 9:45 Q&A Session
- 10:00 - 12:00 **Hot Topics**
- 10:00 - 10:20 **Streamlining the Diagnosis of Carpal Tunnel Syndrome**  
*Duc Nguyen, MD, Johns Hopkins*
- 10:20 - 10:40 **Integrating Ultrasonography in the Musculoskeletal Practice**  
*Mohammed Emam, MD, Johns Hopkins*
- 10:40 - 11:00 **Vertebral Augmentation Techniques**  
*Majid Khan, MD, Johns Hopkins*
- 11:00 - 11:20 **Engaging Patients: Education and Patient Reported Outcomes in Hip and Knee Replacement**  
*Savyasachi Thakkar, MD, Johns Hopkins*
- 11:20 - 11:40 **Hip Arthroscopy vs THA for Hip Pain**  
*Alex Johnson, MD, Johns Hopkins*

11:40 - 12:00 Q&A Session

12:00 - 1:00 Lunch

### **SESSION III: Order Wisely in the Hospital Setting**

*Moderator Ashwini Niranjan-Azadi, MD*

- 1:00 - 1:01 **Welcome & Session Goals**  
*Ashwini Niranjan-Azadi, MD, Johns Hopkins*
- 1:01 - 1:15 **Eliminating Unnecessary Testing**  
*Ashwini Niranjan-Azadi, MD, Johns Hopkins*
- 1:15 - 1:30 **Inpatient Hypertension Management**  
*Andrew Parsons, MD, MPH, University of Virginia*
- 1:30 - 1:45 **Inpatient Workup of Acute Kidney Injury**  
*Steven Menez, MD, MHS, Johns Hopkins*
- 1:45 - 2:00 **Telemetry Monitoring**  
*Niloofer Latifi, MD, Johns Hopkins*
- 2:00 - 2:15 **Asthma/COPD Management**  
*Kristina Montemayor, MD, MHS, Johns Hopkins*
- 2:15 - 2:30 Q&A/BREAK
- 2:30 - 2:45 **Urine Cultures**  
*Kalyani Kumar, MD, Johns Hopkins*
- 2:45 - 3:00 **Transfusions**  
*Steven Frank, MD, Johns Hopkins*
- 3:00 - 3:15 **Diet Modification for Aspiration Prevention**  
*Kara-Grace Leventhal, MD, Johns Hopkins*
- 3:15 - 3:30 **VTE Prophylaxis**  
*Brandyn Lau, MPH, Johns Hopkins*
- 3:30 - 3:45 **Palliative Care**  
*Meg Krasne, MD, MPH, Johns Hopkins*
- 3:45 - 4:00 Q&A/BREAK
- 4:00 - 4:15 **High-Value High Flow for Pediatric Bronchiolitis**  
*Benjamin Bodnar, MD, Johns Hopkins*
- 4:15 - 4:30 **Inpatient OUD Management**  
*Alia Bodnar, MD, Johns Hopkins*
- 4:30 - 4:45 **Inpatient Echos**  
*Rebecca Engels, MD, MPH, Johns Hopkins*
- 4:45 - 5:00 **Screening for Social Determinants of Health**  
*Emily Murphy, MD, Johns Hopkins*

**Session IV: Diabetes Care Across the Continuum**

*Moderator Nestoras Mathioudakis, MD, MHS*

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|------|---|------|--|
| 1:00 | - | 1:10 | <b>Welcome &amp; Session Goals</b><br><i>Nestoras Mathioudakis, MD, MHS, Johns Hopkins</i>   |
| 1:10 | - | 1:20 | <b>Deciphering Diabetes: A High-Value Approach to Correctly Differentiating and Diagnosing Diabetes Types</b><br><i>Daisy Duan, MD, Johns Hopkins</i>                |
| 1:30 | - | 1:50 | <b>Diabetes eConsults as Value-Based Care</b><br><i>Leen Wehbeh, MD, Johns Hopkins</i>   |
| 1:50 | - | 2:10 | <b>High-Value Care in the Management of Diabetes in Older Adults</b><br><i>Scott Pilla, MD, MHS, Johns Hopkins</i>   |
| 2:10 | - | 2:30 | <b>Optimizing Prevention and Management of ASCVD in Patients with Diabetes</b><br><i>Rita Kalyani, MD, MHS, Johns Hopkins</i>  |
| 2:30 | - | 2:45 | Break  |
| 2:45 | - | 3:05 | <b>Empowering Patient Autonomy: The Imperative of Diabetes Self-Management Training in the Current Standard of Care</b><br><i>Gene Arnold, MS, RD, Johns Hopkins</i> |
| 3:05 | - | 3:25 | <b>Evidence-based Strategies for High-Value Care: Towards Effective Management of Diabetic Kidney Disease</b><br><i>Sumeska Thavarajah, MD, Johns Hopkins</i>        |
| 3:25 | - | 3:45 | <b>Revolutionizing Diabetic Retinopathy Care: The Role of AI in High-Value Healthcare</b><br><i>Risa Wolf, MD, Johns Hopkins</i>                                     |
| 3:45 | - | 4:05 | <b>Diabetes Technologies: Efficacy and Cost-Effectiveness</b><br><i>Sudipa Sarkar, MD, Johns Hopkins</i>   |
| 4:05 | - | 4:20 | Break  |
| 4:20 | - | 4:40 | <b>Stepping Towards Excellence: Advancing Diabetic Foot Care through Prevention and Management Strategies</b><br><i>Ron Sherman, DPM, MBA, Johns Hopkins</i>         |
| 4:40 | - | 4:50 | <b>Optimizing Value-based Diagnosis and Management of Diabetic Neuropathy</b><br><i>Brett Morrison, MD, PhD, Johns Hopkins</i>                                       |
| 4:50 | - | 5:00 | Q&A Session  |

**SESSION V: Operate Wisely***Moderator Caitlin Hicks, MD*

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|------|---|------|---|
| 1:00 | - | 1:15 | <b>The Utility of Shared-Decision Making Tools in Surgery</b><br><i>Margaret Schwarze, MD, University of Wisconsin – Madison</i>            |
| 1:15 | - | 1:30 | <b>Summary of Appropriateness of Care Guidelines in the Cardiovascular Literature</b><br><i>M. Libby Weaver, MD, University of Virginia</i> |
| 1:30 | - | 1:45 | <b>Low-value Care in Cardiology</b><br><i>Jeffery Trost, MD, Johns Hopkins</i>  |
| 1:45 | - | 2:00 | <b>The Value Proposition for Atherectomy in the Treatment of Peripheral Artery Disease</b><br><i>Dipankar Mukherjee, MD, Inova Health</i>   |
| 2:00 | - | 2:15 | <b>The Relationship Between Implicit Bias and Low-Value Care</b><br><i>Corey Kalbaugh, PhD, MA, MS, Indiana University</i>                  |
| 2:15 | - | 2:25 | Q&A Session   |
| 2:25 | - | 2:40 | Break   |
| 2:40 | - | 2:55 | <b>Low-Value Care Related to Ophthalmologic Interventions</b><br><i>Fasika Woreta, MD, MPH, Johns Hopkins</i>                               |
| 2:55 | - | 3:10 | <b>Low-Value Care in Joint Arthroscopy</b><br><i>Matthew Best, MD, Johns Hopkins</i>  |
| 3:10 | - | 3:25 | <b>Low-Value Care in Spine Surgery</b><br><i>Amit Jain, MD, MBA, Johns Hopkins</i>  |
| 3:25 | - | 3:40 | <b>Opportunities for High-Value Care in Gynecologic Malignancies</b><br><i>Rebecca Stone, MD, MS, Johns Hopkins</i>                         |
| 3:40 | - | 3:50 | Q&A Session   |
| 3:50 | - | 4:05 | Break   |
| 4:05 | - | 4:20 | <b>Leveraging NSQIP to Improve the Delivery of Surgical Care</b><br><i>Robert Meguid, MD, MPH, University of Colorado</i>                   |
| 4:20 | - | 4:35 | <b>How and Why Measures of Appropriateness Matter</b><br><i>Martin Makary, MD, MPH, Johns Hopkins</i>                                       |
| 4:35 | - | 4:50 | <b>The Importance of Price Transparency for Delivery of Value-Based Care</b><br><i>Ge Bai, PhD, CPA, Johns Hopkins</i>                      |
| 4:50 | - | 5:00 | Q&A Session   |



**PROGRAM**

**Friday, October 13, 2023**

**PLENARY SESSIONS I & II**

8:00	-	8:10	<b>Welcome &amp; Conference Goals</b> <i>Amit Pahwa, MD, Johns Hopkins</i>
8:10	-	9:00	<b>Keynote Address: High Value Care for Victims of Violence</b> <i>Nathan Irvin, MD, FACEP, Johns Hopkins</i>
9:00	-	10:15	<b><u>Plenary Session I: Value-Based Health System Innovation</u></b>
9:00	-	9:15	<b>Consultant Led Symptom and Urgent Review Clinic (SURC) – Innovative, Unique &amp; High-Quality Cancer Care</b> <i>Jayne Watson, APRN, Peter MacCallum Cancer Centre</i>
9:15	-	9:30	<b>Clinical Team Networks are Associated with Prolonged Postoperative Length of Stay in Older Adults Receiving Hip Hemiarthroplasty</b> <i>Patrick Tighe, MD, MS, University of Florida</i>
9:30	-	9:45	<b>A Financial Feasibility Analysis Reveals Difficulties in Ultrasound Academic-FQHC Partnerships</b> <i>Ariel Leong, MS, Johns Hopkins</i>
9:45	-	10:00	<b>Reducing Daily Dosing in Opioid Prescriptions in 11 Safety Net Emergency Departments</b> <i>Surafel Tsega, MD, NYC Health and Hospitals</i>
10:45	-	12:00	<b><u>Plenary Session II: Value-Based Diagnostics and Treatments</u></b>
10:45	-	11:00	<b>Greater than 7-fold Return on Investment for a Comprehensive Patient Blood Management Program with Equivalent or Improved Outcomes</b> <i>Steven Frank, MD, Johns Hopkins</i>
11:00	-	11:15	<b>Improving Documentation of Assessment and Plan for Obesity in Resident Primary Care Panels</b> <i>Sara Saliba MD, RD, LDN, Cleveland Clinic</i>
11:15	-	11:30	<b>Reducing Overuse of 3-Day Repeat Type and Screen Testing Across an 11-Hospital Safety Net System</b> <i>Surafel Tsega, MD, NYC Health and Hospitals</i>
11:30	-	11:45	<b>Reducing the Rate of Iatrogenic Hypoglycemia at an Academic Hospital</b> <i>Erwin Wang, MD, NYU Langone Health</i>
11:45	-	12:00	Q&A Session
12:00	-	1:30	Lunch

**PLENARY SESSION III**

1:30	-	5:00	<b><u>Plenary Session III: Value-Based Transitions in Care</u></b>
1:30	-	1:45	<b>An Enhanced Care Transition Program</b> <i>Christina Muggeo, MPH, NYU Langone Health</i>
1:45	-	2:00	<b>Teamwork Makes the DC Work: Do “Team Discharges” Help Create a Safer Discharge Experience for Patients?</b> <i>Morris Jrada, MD, NYU Langone Health</i>
2:00	-	2:15	<b>Application of a Learning Health System Approach to Hospital Discharge Transitions in Care</b> <i>Meghan Rockey, MSN, RN, NYU Langone Health</i>
2:15	-	2:30	<b>Truly Comprehensive Stroke Care: A High Value, Post-Discharge System for Improved Patient Success</b> <i>Mona Bahouth, MD, PhD, Johns Hopkins</i>
2:30	-	2:45	Q&A Session
2:45	-	3:00	<b>Award Presentations: Best Residency Initiative and Best Multidisciplinary Initiative Awards</b>
3:00	-	4:00	<b>An Opioid Conversation: An Intro to Value in Pain Medicine</b> <i>Amar Setty, MD, Greater Baltimore Medical Center</i>
4:00	-	5:00	<b><u>Meet the Professors – Roundtable Discussions</u></b> <b>Infusions and Antibiotics</b> <i>Emily Pherson, PharmD, Johns Hopkins</i> <b>Blood Management</b> <i>Steven Frank, MD, Johns Hopkins</i> <b>Surgical Pathways</b> <i>Rebecca Stone, MD, Johns Hopkins</i> <b>Medical Pathways</b> <i>Benjamin Bodnar, MD and Susan Peterson, MD, Johns Hopkins</i> <b>CHF and CAD</b> <i>Joban Vaishnav, MD, Johns Hopkins</i> <b>COPD</b> <i>Sarath Raju, MD, MPH, Johns Hopkins</i> <b>GI</b> <i>Alexandra Strauss, MD, Johns Hopkins</i> <b>Transitions of Care to SNFs</b> <i>Sonia Dalal, MD, Johns Hopkins</i>
5:00			Poster Session and Networking Social



**PROGRAM**

**Saturday, October 14, 2023**

**PLENARY SESSIONS IV & V**

8:00	-	8:10	<b>Welcome &amp; Conference Goals</b> <i>Amit Pahwa, MD, Johns Hopkins</i>
8:10	-	9:00	<b>Keynote Address: The Cost of Opioid Use Disorder and the Value of Care</b> <i>Alia Bodnar, MD, Johns Hopkins</i>
9:00	-	10:15	<b><u>Plenary Session IV: Improving Health Equity</u></b>
9:00	-	9:15	<b>Digital Safety Net Expansion of Sexual/Gender Minority Focused (LGBTQIA+) Health Centers</b> <i>Thomas McGrath, BS, Hackensack Meridien Health</i>
9:15	-	9:30	<b>Telemedicine Equity in the Ambulatory Cardiology Population</b> <i>Colin Wu, BS, Tufts University</i>
9:30	-	9:45	<b>Optimizing Mental Health Integration for Adolescents in Primary Care</b> <i>Diane Liu, MD, MBA, University of Utah</i>
9:45	-	10:00	<b>A Comparison of Social Referral Network Utilization Across Different Residency Clinics: A Quality Improvement Project</b> <i>Elizabeth Mikhail, MD, University of Michigan</i>
10:00	-	10:15	Q&A Session
10:15	-	10:30	Health Equity Award Presentation
10:30	-	10:45	Break
10:45	-	12:00	<b><u>Plenary Session V: Curriculum Abstracts</u></b> <i>Moderated by Chris Moriates, MD and September Wallingford</i>
10:45	-	11:00	<b>Implementing a Didactic and Interactive Value Based Care Medical School Curriculum</b> <i>Audrey Shawley, BA, University of Queensland - Oschner</i>
11:00	-	11:15	<b>The Impact of a Student-Led High Value Care Competition on Medical Student Knowledge, Attitudes, and Practices</b> <i>Nirja Shah, BS, University of Florida</i>
11:15	-	11:30	<b>Transitioning from Fee-For-Service to Value-Based-Care: Equipping Medical Students for the Future</b> <i>Nathan Yee, BS, University of Massachusetts</i>
11:30	-	11:45	<b>Building a Cost-Conscious Care Curriculum to Improve Medical Students' Understanding of and Participation in High-Value Healthcare</b> <i>Palak Patel, BA, Wake Forest University</i>
11:45	-	12:00	<b>Combining a Preclinical Elective Course with a Letter of Distinction Opportunity to Engage Medical Students on High-Value Care</b> <i>Michelle Chen, BS, MS, University of California San Diego</i>





12:00	-	1:00	Costs of Care Affordability Award Student Value Challenge Award Session
1:00			Adjourn You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance. The registration desk will remain open during conference hours.

**The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity. The schedule is subject to change.**