



6th Annual Architecture of High Value Health Care National Conference
October 12-14, 2023
Baltimore Marriott at Camden Yards

Thursday October 12: Best Practice Didactics.

BREAKOUT #1 Coronary Artery Disease and Heart Failure: Care Across the Continuum

Coronary Artery Disease: Moderators Seamus Whelton, Armin Zadeh, and Stacey Schott

- 8:00-8:30 AM Cardiology Keynote; Armin Zadeh: Primary and Secondary CAD Prevention: Moderators Seamus & Armin, Stacey Schott
- 8:30-8:50 Screening; Optimizing our approach to CVD risk assessment in the asymptomatic patient; through a cost-conscious lens; Michael Blaha
- 8:50-9:10 Evaluation of stable chest pain: what test(s) to order and not order; Andrew Choi
- 9:10-9:30 Cost-effective management of patients with CAD; Bill Weintraub, Mukta Srivastava
- 9:30-9:45 Q+A Session
- 9:45-9:55 Break

Heart Failure: Moderator Nisha Gilotra

- 10:00-10:20 HF GDMT: evidence and addressing implementation barriers; 2022 HF Guideline Update: What's New? Mitch Psozka; Joban Vaishnav
- 10:20-10:40 Managing worsening HF from hospitalization to home Nisha Gilotra
- 10:40-11:00 Multidisciplinary team approach: role of nursing and pharmacy in HF disease management . Nursing and Sarah Riley
- 11:00-11:15 HF Q+A discussion
- 11:15-11:30 Stretch break

Rapid Review Sessions: Moderator Nisha Gilotra, Dan Fernicola

- 11:30-11:40 Cardiac Rehab ; Lena Matthews
- 11:40-11:50 Echocardiogram: Appropriate Use; Allison Hays
- 11:50-12:00 Community practice setting perspective; Daniel Fernicola
- 12-12:10 PM Holding ourselves accountable: Quality Initiatives; Stacey Schott



BREAKOUT #2 Musculoskeletal Disorders: Mitigating the Burden

Moderator Matthew Best

8:00-8:15 AM Musculoskeletal Pain: Introduction to Value Based MSK Evidence-based Care; Lee Riley

8:15-9:45 AM High Value Diagnosis and Management: Who to Image and When to Intervene

8:15-8:30 AM Neck Pain/Back Pain - Amit Jain

8:30-8:45 AM Shoulder Pain – Sarah Nelson (Hopkins Shoulder Surgery, beginning 8/2023)

8:45-9:00 AM High Value Care in the Young Athlete - Alexis Coslick

9:00-9:15 AM Foot and Ankle Pain - John Thompson

9:15-9:30 AM Hip/Knee Pain - Vishal Hegde

9:30-9:45 AM Q&A

9:45-10:00 AM Break

10:00 AM-12:00 PM Hot Topics

10:00-10:20 AM Physical Therapy vs Surgery, Upper Extremity/Hand - Duc Nguyen

10:20-10:40 AM Physical Therapy vs Office Procedures vs Surgery For Adhesive Capsulitis:
Evolving evidence – Mo Emam

10:40-11:00 AM Imaging Stewardship 2.0: High-quality scans and interpretations – Shivani

11:00-11:20 AM Engaging Patients: Education and Patient Reported Outcomes in Hip and Knee
Replacement – Savya Thakkar

11:20-11:40 AM Hip Arthroscopy vs THA for Hip Pain - Alex Johnson

11:40-12:00 Q+A Session

12-1 PM Lunch



BREAKOUT #3 Order Wisely in the Hospital Setting

12:59-1:00 PM	Welcome	Ashwini Niranjan-Azadi, MD, TBA
1:00-1:15 PM	C. difficile testing in Inpatient Setting	Michael Osnard, MD
1:15-1:30 PM	Inpatient Hypertension Management	Andrew Parsons, MD
1:30-1:45 PM	Hospital-Acquired Acute Kidney Injury	TBD
1:45-2:00 PM	Telemetry Use	Niloofar Latifi, MD
2:00-2:15 PM	Inpatient Echocardiography	Rebecca Engels, MD
2:15-2:30 PM	Q&A/BREAK	
2:30-2:45 PM	Urine Cultures	Kalyani Kumar, MD
2:45-3:00 PM	Transfusions	Steve Frank, MD
3:00-3:15 PM	Diet Modification for Aspiration Prevention	Kara-Grace Leventhal, MD
3:15-3:30 PM	VTE Prophylaxis	Brandyn Lau, MPH
3:30-3:45 PM	Inpatient Preop Evaluations	Ashwini Niranjan-Azadi, MD
3:45-4:00 PM	Q&A/BREAK	
4:00-4:15 PM	Workup of Febrile Neonates	Ben Bodnar, MD
4:15-4:30 PM	Inpatient OUD Management	Alia Bodnar, MD
4:30-4:45 PM	Non-neurologic syncope	Lenny Feldman, MD
4:45-5:00 PM	Blood cultures in Community-Acquired Pneumonia	Emily Murphy, MD

BREAKOUT #4 Diabetes Care Across the Continuum

1:00-1:10 PM	Welcome	Nestoras Mathioudakis
1:10-1:20 PM	Diabetes eConsults as Value-Based Care.	Dr. Leen Wehbeh
1:30-1:50 PM	Deciphering Diabetes: A High-Value Approach to Correctly Differentiating and Diagnosing Diabetes Types.	Dr. Jordan Perlman
1:50-2:10 PM	High-Value Care in the Management of Diabetes in Older Adults.	Dr. Scott Pilla
2:10-2:30 PM	Optimizing Prevention and Management of ASCVD in Patients with Diabetes.	Dr. Rita Kalyani
2:30-2:45 PM	Break	
2:45-3:05 PM	Empowering Patient Autonomy: The Imperative of Diabetes Self-Management Training in the Current Standard of Care.	Gene Arnold, RD, CDCES
3:05-3:25 PM	Evidence-based Strategies for High-Value Care: Towards Effective Management of Diabetic Kidney Disease:	Sue Thavarajah, MD
3:25-3:45 PM	Artificial Intelligence in High-Value Care: Transforming Diabetic Retinopathy Screening	Alvin Liu, MD
3:45-4:05 PM	Diabetes Technologies: Efficacy and Cost-Effectiveness	Dr. Sudipa Sarkar
4:05-4:20 PM	Break	
4:20-4:40 PM	Stepping Towards Excellence: Advancing Diabetic Foot Care through Prevention and Management Strategies:	Dr. Ron Sherman
4:40-4:50 PM	Optimizing value-based diagnosis and management of diabetic neuropathy:	Dr. Mike Polydefkis
4:50 PM	Q&A	
5:00 PM	END	



BREAKOUT #5 Operate Wisely

- 1:00-1:15 PM M. Libby Weaver (UVA): Summary of appropriateness of care guidelines in the cardiovascular literature
- 1:15-1:30 PM Jeff Trost (JHH): Low-value care in cardiology
- 1:30-1:45 PM Dipankar Mukherjee (Inova): The value proposition for atherectomy in the treatment of peripheral artery disease
- 1:45-2:00 PM Corey Kalbaugh (Indiana University): The relationship between implicit bias and low-value care
- 2:00-2:15 PM Q&A
- 2:15-2:30 PM Break
- 2:30-2:45 PM Fasika Woreta (JHH): Low-value care related to ophthalmologic interventions
- 2:45-3:00 PM Matthew Best (JHH): Low-value care in joint arthroscopy
- 3:00-3:15 PM Amit Jain (JHH): Low-value care in spine surgery
- 3:15-3:30 PM Rebecca Stone (JHH): Opportunities for high-value care in gynecologic malignancies
- 3:30-3:45 PM Q&A
- 3:45-4:00 PM Break
- 4:00-4:15 PM Rob Meguid (U. Colorado): Leveraging NSQIP to improve the delivery of surgical care
- 4:15-4:30 PM Marty Makary (JHH): How and Why Measures of Appropriateness Matter
- 4:30-4:45 PM Ge Bai (JHSPH): The importance of price transparency for delivery of value-based care
- 4:45-5:00 PM Q&A

5PM Happy Hour



Friday October 13

8AM to 12PM

- 8:00 Welcome & Conference
Goals
- 8:10-9:00 Keynote
- 9:00 Plenary Session 1
 - 9:00 Abstract TBD
 - 9:15 Abstract TBD
 - 9:30 Abstract TBD
 - 9:45 Abstract TBD
 - 10:00 Abstract TBD
- 10:15 Break
- 10:45 Plenary Session 2
 - 10:45 Abstract TBD
 - 11:00 Abstract TBD
 - 11:15 Abstract TBD
 - 11:30 Abstract TBD
 - 11:45 Abstract TBD

Lunch 12-130

Afternoon

130PM-5PM

- 1:30 Plenary Session 3
 - 1:30 Abstract TBD
 - 1:45 Abstract TBD
 - 2:00 Abstract TBD
 - 2:15 Abstract TBD
 - 2:30 Abstract TBD
- 2:45 PM Break
- 3:00 PM Opioid prescribing hour
- 4:00 PM Meet the Professor

5PM Happy hour and poster session

Saturday October 14

8AM to 12PM

- 8:00 Welcome & Conference
Goals
- 8:10-9:00 Keynote
- 9:00 Plenary Session 4
 - 9:00 Abstract TBD
 - 9:15 Abstract TBD
 - 9:30 Abstract TBD
 - 9:45 Abstract TBD
 - 10:00 Abstract TBD
- 10:15 Break
- 10:45 Plenary Session 5
 - 10:45 Abstract TBD
 - 11:00 Abstract TBD
 - 11:15 Abstract TBD
 - 11:30 Abstract TBD
 - 11:45 Abstract TBD

Lunch 12-130

130PM-5PM Plenary Session 4:

Choosing Wisely STARS (No CME)